



The MARKET at ST. MARY'S

Most Needed Items

Please note that we prefer pop tops for all canned goods if possible.



Proteins

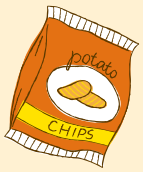
Chili
Canned Tuna
Canned Chicken
Canned Ham
Peanut Butter
Vienna Sausage

Breakfast Items

Cereal
Grits
Oatmeal
Breakfast Bars
Granola Bars

Snack Packs

Protein Bars
Peanut Butter Crackers
Cheese Crackers
Individual Chips
Fruit Cups/Apple Sauce
Canned Meats



Beans – Dry or Canned

Baked Beans
Butter Beans
Kidney Beans
Red Beans
Black Beans
Lima Beans
Lentils
Pinto Beans

Canned Soups

Hearty Soups
Broth
Stew
Chicken Noodle

Hygiene

Deodorant
Shampoo & Conditioner
Feminine Hygiene
Toothpaste
Toothbrushes
Soap
Mouthwash
Razors
Toilet Paper (4-Pack)



Canned Fruits

Pineapple
Peaches
Mango
Pears
Apple Sauce



Starch

Pasta and sauce
Mac and Cheese
Stuffing
Rice
Instant Mashed Potatoes
Ramen
Canned Corn
Yams

Bonus Items

Coffee
Shelf Stable Milk
Jelly
Spices
Salad Dressing
Bouillon Cubes
Tea
Sugar/Flour
Cooking Oil
Paper Towels
Dish Soap
(not for dishwasher)
Laundry Detergent



Canned Vegetables

Carrots
Spinach
Greens
Sweet Peas
Green Beans
Mixed Vegetables





1924 N Laura St. Jacksonville, FL 32206
Food Pantry Manager: lgavronsky@stmarysjax.org
Donation hours: Mon, Wed, Fri, 9:00 - noon.
Please email ahead of time so we'll expect you, and deliver in our back alley (accessible from 9th St. between Laura and Silver Streets).